



# 1ST ANNUAL RUN FOR THE DOGS

**SATURDAY,  
SEPT. 28, 2019  
8:00AM**

**JEFFORDS PARK 201-299 WILLINGHAM ST. SYLVESTER, GA**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Birthday: \_\_\_\_\_ Age on RACE DAY: \_\_\_\_\_

Female: \_\_\_\_\_ Male: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact and phone: \_\_\_\_\_

Event (check one): 10K \_\_\_\_\_ 5K \_\_\_\_\_ 1mi fun run \_\_\_\_\_

Entry Fee (check one):

**EARLY REGISTRATION** (Must be completed online or turned in on or before September 4, 2019)

10K (\$30) \_\_\_\_\_ 5K (\$30) \_\_\_\_\_ 1 mile (\$25) \_\_\_\_\_

**RACE DAY REGISTRATION** (7-7:30 am on race day)

10K (\$35) \_\_\_\_\_ 5K (\$35) \_\_\_\_\_ 1 mile (\$30) \_\_\_\_\_

T-shirt Size: (Early Registration Only)

Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_ \*all adult sizes

\*Awards given to top 3  
finishers in each age group

\*Chip timing provided for  
5K & 10K races

\*All dogs must  
be on a leash

**PACKET PICKUP-** Friday, Sept. 27th 4-6pm - at the train at Jeffords Park

**MAIL ENTRIES TO:** Run For the Dogs c/o Cherie McDonald

**119 Eli Drive Sylvester, GA 31791**

Release and waiver (Please Read and sign)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that although police protection might be provided, there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume any other risks associated with running this event including but not limited to falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might act on my behalf, waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation. The release and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, video tapes, motion pictures, recordings, or another record of the event for any purpose. Minors will be accepted with a parent's signature.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*Visit our facebook page for more information\*